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FAMILIES

face to face
mental health

in partnership
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BY DR. CHING LI

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Dr Ching Li is a Consultant Child and Adolescent Psychiatrist, who is passionate about supporting the mental health and wellbeing of children and young people. Ching has expertise in working with neurodevelopmental conditions such as Autistic Spectrum Condition and ADHD, trauma, psychosocial and behavioural difficulties as well as mood difficulties. In addition to her psychiatric experience she has also had additional experience in multiple psychotherapeutic modalities. This enables her to work in a way that brings about a holistic understanding of a child or young person's mental health and wellbeing, so that they may thrive both academically, psychologically and socially.



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